

Saturday | July 27, 2024

CranioSomatic Foundations I with Flo Barber-Hancock - DAY I

16 CEs (Day 1 & Day 2)

This is a 2-day course. It covers advanced cranial anatomy, and presents cranial sutural techniques correlated to musculoskeletal function. It begins with details of cranial anatomy and CranioSomatic concepts. The focus is on the cranial vault, but structures of the face are also introduced. This introduction to CranioSomatics begins the process of relating restricted cranial sutures and compensatory patterns of the cranial mechanism to clinical evaluations of muscle dysfunction. The course concludes with ways participants can use these techniques for self-care, introduce CranioSomatic concepts to their clients, and how to integrate these evaluation techniques and cranial releases into their existing modalities and clinical practice.

(Saturday and Sunday attendance required to receive credit.)

FL, GA & NCBTMB Approved

Myoskeletal Alignment Techniques with Tammy Mccue - DAY I

16 CEs (Day 1 & Day 2)

In this lively two-day Upper Body / Lower Body workshop, (70% hands on) you will learn new approaches developed by Erik Dalton for treating neck cricks, thoracic outlet, sciatica, low back pain and sports injuries.

(Saturday and Sunday attendance required to receive credit.)

FL, GA & NCBTMB Approved

The Art of Marmani: Ayurvedic Acupressure with Seva Van Why

8 CEs

Marma Therapy, or the science of energy points (including acupressure), is one of Ayurveda's most powerful tools for relaxation and rejuvenation. It effectively balances the nervous system, regulates the breath, calms the mind, and harmonizes emotions. Learn self-care rituals for daily rejuvenation as well as acupressure protocols for each body area.

FL, GA & NCBTMB Approved

Cyclist's Solution to Neck, Shoulder, and Low Back Pain with Julie Donnelly

8 CEs

Whether cyclists are professional riders or weekend warriors, they have a unique set of repetitive strain injuries due to the aerodynamic position they assume for hours at a time. This course will address conditions such as Shermers Neck, Shoulder Pain, Wrist Pain, Numb Hands, Trigger Finger, Low Back Pain and Sciatica. All work is done clothed so treatment can be done at a race or training location.

FL, GA & NCBTMB Approved

Introduction to CranioSacral Therapy for Sensory Processing Disorders with Karyn Quraishy

8 CEs

This class is designed to help the massage therapist recognize and better understand their clients who have sensory processing problems. People with Sensory Integration (SI) problems may have a hard time tolerating your touch, sitting on your table and therefore be unable to tolerate a session. This class is to help you recognize these clients, then give you some Craniosacral strategies you might be able to use so that your client can tolerate touch and can lay on the table for a session. CranioSacral Therapy, developed by John E. Upledger, DO, OMM, is noninvasive in nature, it is relatively easy to administer and has virtually no negative side effects. Our speaker will provide a thorough explanation of what Craniosacral therapy is, what sensory processing disorder is, how both systems work, and why it can be useful to Sensory Processing Disorder clients to receive CST and massage.

FL & NCBTMB Approved

Solutions for Pain using Microcurrent with Brenda Legel

8 CEs

This introductory course covers the history, science, theory, technology and practical uses of microcurrent devices. In class, you will learn how it works, how to use it, and its applications. Hands-on practical time will give you the experience to learn the different techniques, protocols and applications to assist your clients' reduction of pain.

FL Approved

Synergetic Myofascial Stretch Method and Fascial Rocking Techniques with Magnus & Bobbi Eklund

8 CEs

Synergetic Myofascial Stretch Method is a myofascial therapy utilizing passive and active assisted stretching in conjunction with hands-on techniques to safely release fascial adhesions and muscular tension in the whole body. Physical assessments are used to determine postural alignment/misalignment and functional movement. Powerpoint lecture, teacher demonstrations and student labs will be utilized to teach safe and effective body mechanics, session strategies, and hands-on myofascial stretch and fascial rocking techniques.

FL, GA & NCBTMB Approved

Prenatal Massage with Nathan Nordstrom

6 CEs

This course provides a foundational understanding of what happens during pregnancy and how to comfortably and safely deliver a prenatal massage. Techniques will include Swedish, Deep Tissue, Myofascial Release, and Manual Lymphatic Drainage.

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