

# **FRIDAY, JUNE 27, 2025**



## **Solutions for Pain Using Microcurrent (8:00am - 4:00pm)**

This introductory course covers the history, science, theory, technology and practical uses of microcurrent devices. In class, you will learn how it works, how to use it, and its applications. Hands-on practical time will give you the experience to learn the different techniques, protocols and applications to assist your clients reduction of pain.

**Presenter:** Brenda Legel | **Sponsored by:** [First Alternatives](#)

**6 CEs | Relevant to Massage**

**FL Provider#:** 50-9001 | **FL Course #:** 20-1174748 | **FL Approved**

## **Headaches: Assessment and Treatment (8:00am - 4:00pm)**

In this workshop, participants will learn a comprehensive assessment and treatment approach for various types of headaches, including the Chinese Medicine point of view. They will learn the anatomy, physiology and etiology of headaches, including its four types, locations, causes and connections with meridians of the body. Treatment options taught in this advanced comprehensive hands-on workshop include various multi-modality techniques to address a variety of soft tissue impairments at all levels, including: skin, fascia, muscle, periosteum, as well as meridians of the body, range of motion and diet. Participants will walk away with an arsenal of various techniques from Segment-Reflex massage, Trigger point therapy, Periosteal massage, Acupressure therapy, Post-Isometric Relaxation, and range of motion exercises to lifestyle recommendations. This workshop will empower you with the ability to assess and successfully treat all types of headaches that your patients present with, within minutes! Using these unique approaches and techniques will allow you to achieve stable clinical results, gain greater respect from the medical community, and significantly expand your practice.

**Presenter:** Yusuf Mihaylov

**6 CEs | Relevant to Massage**

**FL Provider#:** 50-9001 | **FL Course #**20-1283434 | **FL & GA approved | NCBTMB approved**

## **Postural Correction of the Chest, Neck & Shoulder (8:00am - 4:00pm)**

Would you like a better way to identify possible postural connections between the chest, neck and shoulder? In this class therapists will be able to identify the incredible importance of correcting postural imbalances. Walk away with skills to help you create a better treatment plan and tools to correct postural distortions of the upper body.

**Presenter:** Ross Hoffman | **Sponsored by:** [Hands on Health Healing](#)

**6 CEs | Relevant to Massage**

**FL Provider#:** 50-9001 | **FL Course #:** 20-1283438 | **FL & GA approved | NCBTMB approved**

## **Lymphatic Massage (8:00am - 4:00pm)**

Lymphatic Massage is a type of gentle massage which is intended to encourage the natural drainage of the lymph, which carries waste products away from the tissues back toward the heart. The lymph system depends on intrinsic contractions of the smooth muscle cells in the walls of lymph vessels and the movement of skeletal muscles to propel lymph through the vessels to lymph nodes and then beyond the lymph nodes to the lymph ducts which return lymph to the cardiovascular system. Lymphatic Massage is a very gentle manual treatment that is proven to reduce swelling by dramatically enhancing the function of the lymphatic system. Lymphatic Massage is also known to improve the quality of sleep, decrease pain, calm the nervous system, and benefit the immune system.

**Presenter:** Craig Knowles | **Sponsored by:** [Cryoderm](#)

**6 CEs | Relevant to Massage**

**FL Provider#:** 50-9001 | **FL Course #:** 20-1003330 | **FL & GA approved | NCBTMB approved**

## **Kinetic Chain Patterns for Complicated Knee Conditions (8:00am - 4:00pm)**

Manual Therapists will thoroughly understand why over 90% of knee pain comes from the foot and hip. Through Gait Analysis, Functional Movement Screening, and thorough Orthopedic Assessment, this seminar will show therapists how a high arch or flat foot will cause the loss of the normal stirrup spring system. Therapists will understand the biomechanics of both open and closed chain kinetic foot strike. This ascending syndrome can cause multiple variations in tibial and sacral torsion patterns, and can ascend into roto-scoliosis of the lumbar spine and compensatory scoliosis and kyphosis of the thoracic spine, locking down the OA joint in the neck. Therapists will assess and treat the following complicated knee conditions: tibial torsions; ACL, PCL, MCL and LCL injuries; meniscus tears; IT band pain; patellar tendinosis; pes anserinus tendinosis; bursitis; patellar tracking; stuck fibular head pain; fibular and tibial nerve pain; excess supination and over-pronation of the foot; compensatory OA joint fixations and sacral torsions; distal hamstring and plantaris strains; and popliteal pain. Therapists will also learn to assess for total body joint and muscle lesions. Based on new research, therapists will know why vacu-therapies (cupping) must replace foam rollers for IT band release, rectus femoris release, and releasing the retinaculum of the knee.

**Presenter:** James Waslaski | **Sponsored by:** [Cryoderm](#)

**6 CEs | Relevant to Massage**

**FL Provider#:** 50-9001 | **FL Course #:** 20-1287106 | **FL & GA approved | NCBTMB approved**

**FRIDAY, JUNE 27, 2025**



**CranioSacral Therapy for Whiplash and Neck Pain (8:00am - 4:00pm)**

A lecture describing the mechanics of whiplash injuries including the whole body effects that when left untreated, can interfere with recovery. How CST addresses not only the obvious symptoms associated with whiplash but the more subtle signs of a mild traumatic brain injury (TBI) or concussion involved with acceleration/deceleration of the brain against the skull will be described. Lecture and hands on Direction of Energy to facilitate tissue release.

**Presenter:** Fred Stahlman | **Sponsored by:** [Upledger Institute](#)

**6 CEs | Relevant to Massage**

**FL Provider#:** 50-9001 | **FL Course #:** 20-1289391 | **FL approved | NCBTMB approved**

**Myofascial Applications to Rib Cage and Axillary Restrictions (8:00am - 12:00pm)**

This advanced continuing education course is designed to equip licensed massage therapists with specialized myofascial techniques focused on the rib cage and axillary (armpit) areas. The class will cover how to effectively release restrictions in these critical regions, which are often overlooked but play a significant role in overall mobility, posture, and musculoskeletal function. Participants will learn hands-on techniques aimed at freeing the intercostal muscles, fascia, and other soft tissues around the ribs and axilla to improve range of motion and reduce tension. By addressing these areas, therapists can help alleviate discomfort related to rib restrictions, chronic tension in the upper body, and limited mobility in the shoulder girdle and torso.

**Presenter:** Ellen Meyer | **Sponsored by:** [Empowered Healing Institute](#)

**4 CEs | Relevant to Massage**

**FL Provider#:** 50-9001 | **FL Course #:** 20-1283436 | **FL & GA approved | NCBTMB approved**

**Cupping the Abdomen: Psoas I was Saying (2:00pm - 3:00pm)**

Cupping on the abdomen has a long history. Let's examine a treatment often used in our treatment rooms and how we may use cupping to replace our hands. This can make a treatment easier on the client, and easier on us.

**Presenter:** Paul Kohlmeier | **Sponsored by:** [Cupping Canada](#)

**1 CE | Relevant to Massage**

**FL Provider#:** 50-9001 | **FL Course #:** 20-1283640 | **FL & GA approved | NCBTMB approved**

**Cupping for Knee Pain (4:30pm - 5:30pm)**

This presentation will explore the treatment of knee pain with cupping. We will look at the common causes of knee pain and explore how cupping may be used in a massage therapy setting to ease the pain that a client is feeling.

**Presenter:** Paul Kohlmeier | **Sponsored by:** [Cupping Canada](#)

**1 CE | Relevant to Massage**

**FL Provider#:** 50-9001 | **FL Course #:** 20-1283640 | **FL & GA approved | NCBTMB approved**

**Cleaning Up Medical Errors (4:30pm - 6:30pm)**

In this course, students will learn the critical role that proper sanitation and hygiene play in massage therapy and how they help prevent medical errors, infections, and cross-contamination. The class will cover best practices for hand hygiene, equipment sterilization, and maintaining a clean treatment environment. Students will explore real-world case studies demonstrating the consequences of poor sanitation and learn how to implement industry-standard protocols to ensure client safety. This course is essential for massage therapists looking to uphold the highest standards of professionalism and minimize health risks in their practice.

**Presenter:** Tim Carver | **Sponsored by:** [American Safety & Training](#)

**2 CEs | Medical Errors**

**FL Provider#:** 50-9001 | **FL Course #:** 20-1289388 | **FL & GA approved | NCBTMB approved**

**REMEMBER TO BRING YOUR MASSAGE TABLE,  
LINENS AND LOTIONS/CREAMS!**

**RELEVANT TO MASSAGE COURSES ARE "HANDS ON"**

