

SATURDAY, JUNE 28, 2025



Clinical Decision-Making Tools (CDMT) (8:00am - 4:00pm)

This course equips manual therapists with essential Clinical Decision-Making Tools (CDMT) to elevate patient care. In this class, you will be taught a Total Body Screening Examination that enhances your clinical decision-making, allowing you to determine exactly where and what to treat. Through this focused approach, therapists gain skills to assess key patterns—such as orthopedic or lymphatic issues—and prioritize interventions that align with each patient's unique needs, optimizing treatment outcomes and elevating your practice.

Presenter: Kerry D'Ambrogio | **Sponsored by:** [D'Ambrogio Institute](#) **6 CEs | Relevant to Massage**
FL Provider#: 50-9001 | **FL Course #:** 20-1283653 | **FL & GA approved | NCBTMB approved**

Facial Reflexology (8:00am - 4:00pm)

Discover the powerful benefits of facial reflexology for addressing issues such as TMJ, digestive discomfort, reproductive system imbalances, sleep disorders, and more. Learn how to use specialized tools such as fingertips, knuckles, wands, and Gua Sha stones to target reflex points, harmonize the body's Yin and Yang energies, and promote relaxation and healing. You'll dive into facial anatomy and reflexology principles rooted in Traditional Chinese Medicine, and practice advanced techniques for releasing tension, improving lymphatic drainage, and stimulating acupressure points that impact the nervous system and internal organs. Discover how to use materials like brass, steel, jade, and plastic to complement Yin or Yang imbalances, and tailor treatments to meet each client's specific needs.

Presenter: Ellen Meyer | **Sponsored by:** [Empowered Healing Institute](#) **6 CEs | Relevant to Massage**
FL Provider#: 50-9001 | **FL Course #:** 20-1283660 | **FL & GA approved | NCBTMB approved**

Julstro Method for Low Back, Hip & Knee (8:00am - 4:00pm)

Are you ready to revolutionize your massage therapy skills and become a sought-after expert in treating runners' lower leg issues? Join our exclusive session focusing on osteopathic muscular therapy techniques tailored to address Achilles Tendonitis, Plantar Fasciitis, and sprained ankles. Dive deep into each muscle of the lower leg, understanding their role in common runner injuries like Achilles Tendonitis and Plantar Fasciitis. Learn precise treatments for specific conditions, equipping you with the skills to provide targeted relief and healing. Discover self-treatment methods for each muscle, prioritizing your own well-being and longevity in your practice. Master the art of treating muscles without oil, enabling you to work seamlessly at sporting events, hospitals, or any public setting. By honing your expertise in lower leg muscle therapy for runners, you'll not only expand your client base but also position yourself as a go-to therapist for sports-related injuries. Elevate your practice, enhance your skills, and unlock new opportunities by joining this transformative session. Each student gets over 2 hours to practice these advanced techniques, ensuring mastery and confidence in application.

Presenter: Julie Donnelly | **Sponsored by:** [Julstro Worldwide](#) **6 CEs | Relevant to Massage**
FL Provider#: 50-9001 | **FL Course #:** 20-1283663 | **FL & GA approved | NCBTMB approved**

Lymphatic Drainage & Cranial Sacral Therapy for Headaches (8:00am - 4:00pm)

This class blends lectures, discussions, instructor demonstrations, and hands-on practice. You will learn how to integrate cranial sacral therapy and lymphatic drainage techniques to effectively treat headaches. Develop the skills to identify and address pain for lasting relief and improved function. Leave with practical techniques you can immediately apply in your treatment sessions!

Presenter: Wahneta Dimmer **6 CEs | Relevant to Massage**
FL Provider#: 50-9001 | **FL Course #:** 20-1287091 | **FL approved | NCBTMB approved**

Visceral Manipulation for Low Back Pain (8:00am - 4:00pm)

This is a specialized course focusing on evaluation and treating the essential visceral components to low back pain. Understanding the importance of the viscera and the ligamentous support system that attaches to the posterior wall helps when evaluating and treating low back dysfunction. Discover new applications of visceral manipulation principles and techniques as they can be utilized for clients.

Presenter: Joanne Muir | **Sponsored by:** [The Barral Institute](#) **6 CEs | Relevant to Massage**
FL Provider#: 50-9001 | **FL Course #:** 20-1287095 | **FL & GA approved | NCBTMB approved**

Evidence Informed Clinical Cupping: The Basics (8:00am - 12:00pm)

This class will explore the history, safety practices and practical applications of cupping through the lens of clinical research. Learn the basics of clinical cupping and how it can transform your massage sessions.

Presenter: Paul Kohlmeier | **Sponsored by:** [Cupping Canada](#) **4 CEs | Relevant to Massage**
FL Provider#: 50-9001 | **FL Course #:** 20-1288648 | **FL & GA approved | NCBTMB approved**

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Protocol for Diabetes (8:00am - 12:00pm)

This workshop will introduce protocols for hands-on. Protocols are designed to establish a way for the profession to become familiar and comfortable with the application of massage techniques for pathological conditions associated with Diabetes. The workshop is intended to educate therapists to the complications related to the conditions and symptoms affecting the client. History, palpation, and assessment skills, as well as ongoing client/therapist communication are all important to successful treatment of soft tissue pathologies. These routines are a model for massage therapists to do their work and feel comfortable in addressing their clients' needs. This protocol offers a basis for which you can establish your own individualized work as a Massage Therapist. We will cover emotional and physical stress, peripheral nerve damage and mastering vibration and tapotement to improve visceral reflexes.

Presented by: Pat Donohue

4 CE's | Relevant to Massage

FL Provider#: 50-9001 | FL Course #: 20-1287096 | FL & GA approved | NCBTMB approved

Cupping for Symptoms of Stress (2:00pm - 4:00pm)

This course will introduce cupping as a modality to use in your treatment room to relieve the symptoms of stress your clients are complaining about. We will look at the common symptoms of stress and how some of them are within scope of practice and others are outside of it. We will look at the basic indications of cupping, and how these indications prove useful to us and our clients. For safety, we will look at the contraindications and precautions around cupping. We will go on to talk about and explain the basic techniques used in cupping, and then demonstrate how to do them. From there, we will talk about how to apply these techniques to the client in a cohesive treatment pattern, which we will demonstrate.

Presenter: Paul Kohlmeier | Sponsored by: [Cupping Canada](#)

2 CE's | Relevant to Massage

FL Provider#: 50-9001 | FL Course #: 20-1283656 | FL & GA approved | NCBTMB approved

Cupping for Headaches (4:30am - 6:30pm)

In this class, we will talk about the different types of headaches that our clients may be suffering from and how cupping may help alleviate some of the discomfort. Through demonstration and hands on practice, you will walk away with key cupping strategies for helping reduce headaches.

Presenter: Paul Kohlmeier | Sponsored by: [Cupping Canada](#)

2 CE's | Relevant to Massage

FL Provider#: 50-9001 | FL Course #: 20-1283659 | FL & GA approved | NCBTMB approved

Polarity Therapy 5 Element Balancing (4:30am - 6:30pm)

In this class we will go over the concept of polarity therapy and discuss the five elements associated with balancing the body. Students will exchange a five element balancing session.

Presenter: Amber Lester | Sponsored by: [A Perfect Blend Massage & CE](#)

2 CE's | General

FL Provider#: 50-9001 | FL Course #: 20-1283661 | FL approved

Sports Massage for Yogis (4:30am - 6:30pm)

This course will explore sports massage targeted specifically for yoga practitioners. Yoga as a physical practice will be addressed, with 4 common yoga poses broken down to focus on the anatomy, structure, and function of the muscles and joints most involved. Massage techniques and stretching will be demonstrated which students will then practice with hands-on time for both.

Presenter: Jane Kordish | Sponsored by: [Cryoderm](#)

2 CE's | Relevant to Massage

FL Provider#: 50-9001 | FL Course #: 20-1287097 | FL & GA approved | NCBTMB approved

**REMEMBER TO BRING YOUR MASSAGE TABLE,
LINENS AND LOTIONA/CREAMS!**

RELEVANT TO MASSAGE COURSES ARE "HANDS ON"

