

SUNDAY, JUNE 29, 2025



Dynamic Assessment for Treatment Plans (8:00am - 4:00pm)

What is an Assessment and why should every Massage Therapist be doing assessments? Learn a 5 minute assessment every Massage Therapist can do, regardless if your practice is relaxation or rehabilitation focused. What are the types of assessments and when should they be used in different clinical settings. This class will teach you how assessment will make you a better Massage Therapist and grow your practice.

Presenter: Jack Ryan | **Sponsored by:** [Soar Point Massage](#)

6 CEs | Relevant to Massage

FL Provider#: 50-9001 | **FL Course #:** 20-1287098 | **FL & GA approved | NCBTMB approved**

Buccal Massage: TMJ and Facial Sculpting (8:00am - 4:00pm)

Buccal massage is a specialized facial massage technique designed to sculpt, contour, and rejuvenate the face by targeting the muscles and tissues around the cheeks, jawline, and mouth. This technique can be performed with or without intraoral (inside the mouth) work, depending on the practitioner's scope of practice and their training background.

Presenter: Ellen Meyer | **Sponsored by:** [Empowered Healing Institute](#)

6 CEs | Relevant to Massage

FL Provider#: 50-9001 | **FL Course #:** 20-1287099 | **FL & GA approved | NCBTMB approved**

Cranial Sacral Therapy and Reversal of The Aging Process (8:00am - 4:00pm)

This lecture and hands on mini workshop will supply both the theory and background on how CranioSacral Therapy helps reverse the aging process and is instrumental in combating the diseases of aging that challenge the senior population. Participants will learn some simple, easily applied techniques that will assist in this process.

No prior CranioSacral training required.

Presenter: Michael Morgan | **Sponsored by:** [Upledger Institute](#)

6 CEs | Relevant to Massage

FL Provider#: 50-9001 | **FL Course #:** 20-1287100 | **FL approved | NCBTMB approved**

Systemic Lymphatic Balancing (STLB) (8:00am - 4:00pm)

Systemic Lymphatic Balancing (STLB) equips manual therapists with advanced techniques that combine manual lymphatic drainage and osteopathic methods to relieve congestion in soft tissues, joints, and body cavities. This approach reduces edema and promotes healing by enhancing lymphatic and venous flow. Using both short- and long-lever pumping techniques, STLB stimulates circulation, balances transverse diaphragms, and modulates the autonomic nervous system—leading to improved movement, pain relief, and overall physiological well-being.

Presenter: Kerry D'Ambrogio | **Sponsored by:** [D'Ambrogio Institute](#)

6 CEs | Relevant to Massage

FL Provider#: 50-9001 | **FL Course #:** 20-1287101 | **FL & GA approved | NCBTMB approved**

Structural Dynamics: Pelvic Biomechanics and Low Back Pain Strategies (8:00am - 4:00pm)

Lower back pain is one of the most common complaints that bring our clients in for sessions. To truly understand and address the causes of lower back pain we need to understand the structural and functional relationships of the upper legs and pelvis and their associated musculature, as well as how they impact the lumbar spine and lower back muscles. Most of the causative factors that lead to chronic pain, vertebral dysfunction, nerve compression, and lumbar disc issues typically arise from structural and biomechanical dysfunction of the pelvis and leg myofascia. Experience the functional biomechanics of the pelvis, lumbar spine, and associated musculature. Learn a dynamic approach to understanding and addressing causative factors that contribute to lower back pain and restriction.

Presenters: Lynn & Ann Teachworth | **Sponsored by:** [Trunamics](#)

6 CEs | Relevant to Massage

FL Provider#: 50-9001 | **FL Course #:** 20-911105 | **FL & GA approved | NCBTMB approved**

Himalayan Salt Stone Massage (8:00am - 4:00pm)

In this class you will get hands-on experience with Himalayan salt stones. You will learn how to clean and care for your stones. Students will practice several different techniques that can provide clients with an exceptional experience and pain relief. We will also discuss contraindications and cautions so that you may safely practice this amazing modality that can boost your income and save your hands.

Presenter: Amber Lester | **Sponsored by:** [Saltability](#)

6 CEs | Relevant to Massage

FL Provider#: 50-9001 | **FL Course #:** 20-1287102 | **FL & GA approved | NCBTMB approved**

SUNDAY, JUNE 29, 2025



Chinese Gua Sha and Cupping: Working with Fascia (8:00am -12:00pm)

We are constantly learning more about fascia and are beginning to understand how dramatically it affects how we feel. When it is flexible, we can move with ease and feel great. However, when it becomes rigid and entangled, our bodies can experience pain. Using a simple Gua Sha Massage routine with a faster cupping method, you can improve the quality of the fascia and how you and your patients feel. It's quick and easy to do.

Presenter: Dr. Kathy Teisinger | **Sponsored by:** [Ply-U-Flex](#)

4 CEs | Relevant to Massage

FL Provider#: 50-9001 | **FL Course #:** 20-1287103 | **FL & GA approved | NCBTMB approved**

Cupping with Movement for Upper Body Conditions (2:00pm - 4:00pm)

Cupping with movement is an innovative approach that combines cupping therapy with movements to enhance treatment outcomes for the upper body. This 2-hour course focuses on practical techniques that integrate cups with dynamic movement to improve mobility, flexibility, and pain. Participants will explore applications for addressing common complaints such as shoulder tension, restricted range of motion, and upper back discomfort. Through hands-on practice, attendees will learn how to adapt these techniques to various client needs, making this course ideal for massage therapists seeking to expand their therapeutic skillset.

Presenter: Paul Kohlmeier | **Sponsored by:** [Cupping Canada](#)

FL Provider#: 50-9001 | **FL Course #:** 20-1287104 | **FL & GA approved | NCBTMB approved**

Cupping for Lymphatics: Who, What, When, Where, Why (4:30pm - 5:30pm)

Discover the potential of cupping therapy for lymphatic drainage in this focused and engaging introductory course, designed as a preview of the comprehensive 16-hour Cupping for Lymphatics program. This session introduces the foundational principles of cupping therapy, exploring its history, relevance in modern healthcare, and specific applications for promoting optimal lymphatic circulation. Participants will learn basic cupping techniques, indications, contraindications, and safety considerations for addressing conditions such as lymphedema, swelling, and compromised circulation. Through live demonstrations and discussions, attendees will gain valuable insights into technique execution, research-supported benefits, and how to integrate cupping into broader lymphatic drainage treatment plans.

Presenter: Paul Kohlmeier | **Sponsored by:** [Cupping Canada](#)

2 CEs | Relevant to Massage

FL Provider#: 50-9001 | **FL Course #:** 20-1287105 | **FL & GA approved | NCBTMB approved**

Ian McIntosh Legislative Dinner - *This is a ticketed event and Advance Registration is required.*

FL Laws & Rules: Legislative Panel (7:00pm - 9:30pm)

Get the most up-to-date information about the Florida laws and rules for Florida Licensed Massage Therapists. Learn the different roles FSMTA, FL BOMT, and FL DOH play regarding the laws and rules governing Licensed Massage Therapists in Florida. The panel will consist of representatives from the FSMTA Legislative Team, the Florida Board of Massage and Florida Department of Health to ensure all information is current and accurate.

Presenter: Rebecca Pollock

2 CEs | FL Laws & Rules

FL Provider#: 50-9001 | **FL Course #:** 20- 1003342 | **FL approved | NCBTMB approved**

**REMEMBER TO BRING YOUR MASSAGE TABLE,
LINENS AND LOTIONS/CREAMS!**

RELEVANT TO MASSAGE COURSES ARE “HANDS ON”

