

# CRITERIA FOR A TREATMENT APPROACH

If a **Total Body Lesion** is found on the **TBSE** that contributes to the local area of complaint, then a **Total Body Approach** (Total Body Evaluation, Total Body Treatment, and Total Body Re-Evaluation) is indicated. The appropriate **DAI Total Body Approach** is determined by the primary **Total Body Lesion**.

**DAI Total Body Approach** follows the principle of holism. The clinician evaluates and treats the primary **Total Body Lesion**.

- **Total Body Balancing (TBB)** used to evaluate and treat extraneous **lines of tension** in the total body, including transverse diaphragm imbalances.
- **Lymphatic Balancing Total Body (LBTB)** used to evaluate and treat extraneous **lines of tension**, total body **lymphatic congestion**, and **imbalances** in the transverse diaphragms/ANS.
- **Energetic Balancing Total Body (EBTB)** used to evaluate and treat **energetic or emotional stress patterns** affecting the total body.

# CRITERIA FOR A LOCAL APPROACH

If a **Local Lesion** is found on the **TBSE** that contributes to the local area of complaint, then a **Local Approach** (Specific Local Evaluation, Local Treatment, and Local Re-Evaluation) is indicated. The appropriate **DAI Local Approach** is determined by the primary **Specific Local Lesion**.

**DAI Local Approach** follows the principle of the local (primary) lesion. The clinician evaluates and treats the primary **Local Lesion** (area of dysfunction).

- **Muscle Balancing (MB)** used to treat local protective **muscle spasm**.
- **Fascial Balancing (FB)** used to treat local **fascial restrictions**.
- **Joint Balancing (JB)** used to treat local **joint hypomobility** or **stiffness**.
- **Lymphatic Balancing (LB)** used to treat local **tissue swelling**.
- **Energetic Balancing (EB)** used to treat local lingering **energetic or emotional stress patterns**.

